# 2023 IMPACT REPORT



# 20 YEARS OF PROGRESS



#### Dear Cure JM Families and Friends,

<u>As we always say at Cure JM, we are a family of families.</u> No time is that more clear than this year, our 20th Anniversary.

From our founding 20 years ago, by a small group of parents and grandparents, through to today, now 3,000 families strong, our families have always been the inspiration behind our work.



As I reflect on how far we have come in 20 years, I am inspired by your impact to:

- <u>Reduced diagnosis time by 75%</u>, from 12 months to 3 months
- Improve care and treatment protocols, to help patients get the best care
- <u>Invest in research and partnerships to advance new treatments</u>, like rituximab, abatacept, and baricitinib.

As we look into the future, we remain laser focused on:

- Accelerating scientific discovery
- Expediting the development of new and repurposed treatments for JM
- Helping patients get the best care

<u>We could not accomplish any of this without you – our supporters.</u> So, whether you are involved in our chapters, walks, Giving Tuesday, online support groups, or volunteer your time, talent, and treasure in other ways, you are a crucial part of our mission.

<u>As I reflect on how far we have come in 20 years it is clear to me why Cure JM is one of</u> the most effective rare disease organizations anywhere.

We are making progress because of your commitment to our children.

I am grateful to you for being by our side.

With appreciation,

F O U N D A T I O N

Jim Minow Executive Director

# 20 YEARS OF PROGRESS



**3,000** Families and patients connected Because we are stronger together

# HOPE IS IN THE RESEARCH

Caroline's family is grateful to the

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doctors and scientists working so hard to advance critical research.

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**These accomplishments** are a testament to our passionate community of supporters and our dedicated scientists and clinicians.

Although we are proud of our many accomplishments, we still have much work to do.

We will not rest until every patient has better treatments, the best care, and can live their lives to the fullest.





Young adult JM advocates gathering at Cure JM's Family Conference in Gaithersburg, MD, June 30, 2023.

# YOUR DOLLARS AT WORK: 2023 HIGHLIGHTS

In 2023 we remained laser-focused on advancing treatments and care for juvenile myositis.

#### A Few Highlights from This Year:

- Funding our largest ever new grant cycle, details in the following pages
- Planning for trial of new "anti-steroid steroid"
- Expanded our Clinical Care Network to 20 partner locations, to help kids get the best care
- Resumed in-person events after a pause during COVID
- Launched our young adult Advocates Council, for patients age 18-30 to support each other
- Supported 3,000 families online and in-person

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#### ADVANCING NEW TREATMENTS

Clinical trials for drugs like **rituximab (Rituxan)** and **Octagam 10** for the treatment of myositis are now complete, and these pharmaceuticals have joined the arsenal of treatments available to patients.

We recently completed a trial in **abtacept (Orencia)** and are starting a trial in **baricitinib** (Omuliant) at the NIH in the coming year.

We will remain laser focused – as we have for 20 years – on the advancement of new treatments as quickly as resources allow.

"Thanks to you, the future is brighter for the children and families we serve. We are so grateful."

Nikki Hahn, Chair, Cure JM Board of Directors, and parent of a child living with JM



# YOUR DOLLARS AT WORK: CURRENTLY FUNDED RESEARCH

Cure JM is proud to have nearly \$4 million invested in active research commitments.

Our network of researchers spans the globe and is making progress in developing new treatments, understanding the causes of juvenile myositis, and improving care for patients. This research advances our work to improve the treatments, care, and support for juvenile myositis.

#### As we say, hope is in the research.

#### Some highlights from our current research grants are:



Brian Feldman, MD, MSc, FRCPC, Hospital for Sick Children, Toronto, Canada

To study the effect of **exercise**, **creatine**, **and coenzyme Q10 supplements as treatments for muscle weakness** in juvenile myositis.

What is the desired outcome? That these treatments could supplement traditional treatments to help patients thrive while living with juvenile myositis.



Jeff Dvergsten, MD, Duke University, North Carolina (with George Truskey, PhD and Lauren Covert, MD)

As JDM is a rare disease, it can be difficult to have enough patients to test new medications. **This project aims to develop a new muscle model** 

that mimics JDM to test the effectiveness of new drugs.

#### What is the Desired Outcome?

To find better treatment options for juvenile myositis, with fewer side effects, that could later be tested in clinical trials.



Sarah Tansley BSc, MBChB, PhD, MRCP. University of Bath, UK (With Prof. Neil McHugh, MBChB, MD)

To use specially adapted detection methods to identify 'new' myositis specific autoantibodies that have yet to be discovered in approximately 40% of myositis patients.

#### What is the Desired Outcome?

To aid in understanding how to treat these sub-types of myositis and improve outcomes for the nearly 40% of JM patients who do not test positive for the current autoantibodies.



#### Sara Sabbagh, DO, Medical College of Wisconsin

For development of a new animal model **to screen new or repurposed drugs for effectiveness and safety in JM.** This is an important step in identifying new treatments for JM.

What is the Desired Outcome? This study can lead to new, safer, and more effective treatment options with drugs that have been effective in treating other diseases.

#### YOU ARE THE POWER BEHIND THIS PROGRESS

# **CURRENTLY FUNDED RESEARCH**



#### Kaveh Ardalan, MD, MS, Duke University, North Carolina

Funding pre-trial work on vamorolone, an "anti-steroid steroid." Vamorolone is a new steroid with all the benefits of prednisone and virtually none of the side effects. Cure JM is working with Duke University, the FDA, and the

distributors of vamorolone on a clinical trial plan to test the safety and effectiveness of the drug in juvenile myositis patients.

#### What is the Desired Outcome?

That this project might lead to a clinical trial for an "anti-steroid steroid" (a steroid without the sideeffects of current steroids) that could be useful as a first-line treatment option for JM patients.



Melissa Morales, PhD, Binghamton University, New York

This project will **test and screen potential medications** on the effect of Type 1 interferon (a prime factor in inflammation) on muscle function and weakness in myositis.

#### What is the Desired Outcome?

A better understanding of how to target and more precisely treat muscle inflammation in JM patients.



Paul Norman, PhD, Professor, Biomedical Informatics, University of Colorado

To shed new light on the genetics of juvenile myositis by using a new method to investigate the HLA genomic region (a well-known region of mutations in the human genome in 1).

#### What is the Desired Outcome?

JDM).

To develop a further understanding of the genetic risk factors for juvenile myositis. This may help develop new diagnostic indicators and treatment targets.



#### Younghun Han, PhD. Baylor College of Medicine, Texas

**To better understand what drives JDM** by identifying which genes and gene combinations predispose patients to JDM.

#### What is the Desired Outcome?

We aim to expand our knowledge of the causes of JDM to improve treatments and minimize environmental triggers and disease flares.



Chack Yung Yu, D.Phil. Nationwide Children's Hospital, Ohio State University (With Samantha Coss, MD, PhD)

To study changes in immune cells and proteins in different phases of JDM. We also hope to understand how

genetic factors (in particular, a low level of an immune protein known as complement C4) contribute to a higher probability of developing JDM.

What is the Desired Outcome?

To provide new markers to predict disease status and help guide treatment and disease management decisions.



#### Jayne MacMahon MB, BCh, BAO, LCRP&SI, MRCPCH. SickKids, Toronto, Canada

To define a scoring system for a molecule known as interferon to help define how active JDM is. Interferon plays a crucial role in the immune system and is a prime factor in

inflammation.

#### What is the Desired Outcome?

We know that JDM is a variable disease that affects different patients differently. We aim to develop more individualized approaches to disease management and better outcomes for patients. For example, a scoring system for interferon may help clinicians know when to start and stop different medications.

# **CURRENTLY FUNDED RESEARCH**



#### Meredyth Wilkinson, PhD, University College London, UK

Dr. Wilkinson was awarded Cure JM's early investigator grant to study the potential use of drugs categorized as JAK inhibitors. The drugs being studied included baricitinib (Olumiant), tofacitinib (Xeljanz), and ruxolitinib (Jakafi).

#### What is the Desired Outcome?

To help lay the foundation for future clinical trials to bring new, alternative, and supplemental treatments to patients. Alternative treatments have fewer side-effects and can be less disruptive to a patient's life, which results in better long-term outcomes.



### Christian Lood, PhD, University of Washington

This project aims to understand **how mitochondria contribute to disease in JDM patients**. The mitochondria are the "powerhouses" of the cell, responsible for generating most of the cell's energy.

#### What is the Desired Outcome?

Understanding how mitochondria contribute to JDM may allow us to target this process with new therapies. We also hope to develop mitochondrialrelated biomarkers to enable preventive treatment of calcinosis, a difficult complication to treat for some patients, and help improve patients' quality of life.



Joanna Parkes, PhD, Harwell Science and Innovation Campus, Nucleic Acid Therapy Accelerator Hub, UK

This project will study **potential "nucleic acid" therapies for JM**, with the goal to identify novel gene therapy interventions. Gene therapy is an emerging field of research with the potential

to revolutionize the way we treat diseases.

#### What is the Desired Outcome?

It is our hope that this might lead to better treatments and early interventions that might stop JM in its tracks.



### Jessica Neely, MD, University of California San Francisco

Using artificial intelligence to analyze data from three sets of participants: JM patients who have received treatment, JM patients who have not yet received treatment, and healthy volunteers.

What is the Desired Outcome? That this project will help us identify new treatments (with fewer side effects) for juvenile myositis.

"The research progress I see, and the growing Cure JM community, gives me such hope for the future for all JM patients."

> Anna Ramsey, age 26 Chair, Cure JM young adult Advocates Council

### **CURRENTLY FUNDED RESEARCH:** PARTNERSHIPS, REGISTRIES, AND BIOREPOSITORIES

#### Funding JDM registry and biorepository through CARRA , the Childhood Arthritis and Rheumatology Research Alliance

The CARRA JDM registry is a valuable resource for patients, researchers, and clinicians. It is helping to advance the understanding and treatment of pediatric rheumatic diseases including JDM.

#### JDM Registry

- A collection of data about individuals with a particular rare disease.
- Registries are used to:
  - understand the disease
  - document different responses to treatments
  - identify risk factors and biomarkers
  - develop and evaluate new treatments
  - develop diagnostic tests
  - facilitate research
- Registries help to overcome the challenges of studying rare diseases— small number of patients & geographic dispersion

#### Biorepository

- A facility that collects, catalogs, and stores samples
- Samples include
  - Blood
  - Urine
  - Muscle samples
- Plays an important role in advancing research, especially for rare diseases
- Provides researchers with access to a wide variety of samples that would take many years to collect

Partnerships with the International Myositis Assessment & Clinical Studies Group (IMACS), the Global Conference on Myositis (GCOM), and the Childhood Arthritis and Rheumatology Research Alliance (CARRA) JDM Working Group

These partnerships enhance global collaboration by bringing together myositis researchers to work together to advance JM research and clinical care.

#### What is the Desired Outcome?

It is our goal to increase global collaboration, thereby accelerating the pace of research, facilitate the development of new treatments, and continue to improve care for patients. These factors all combine to improve patient outcomes.

### CURRENTLY FUNDED RESEARCH: EMOTIONAL AND MENTAL HEALTH SUPPORT

We are also proud to be funding three new grants to address the mental health and emotional support needs of the families we serve. This program was generously funded by the RB DenUyl Family Foundation in loving memory of Bruce and Eric DenUyl.



Aviya Lanis, MD. Seattle Children's Hospital, Seattle, WA

To develop a narrative medicine intervention program for JM patients. Narrative medicine practitioners collect patient stories and use them to improve communication between patients

and healthcare providers. Dr. Lanis will also determine if there is any correlation between this intervention and reduced levels of stress for the patients who participate.

#### What is the Desired Outcome?

This can help healthcare providers develop more compassion for their patients, help patients feel more understood, and promote healing and recovery.



#### Colleen Correll, MD, MPH. University of Minnesota, Minneapolis, Minnesota

Along with a pediatric psychologist, and some of the families we serve, Dr. Correll is **creating mental health** wellness and resilience-building videos to share with our families. These videos

will offer coping strategies for dealing with the emotional and physical challenges of chronic diseases, teach patients how to manage stress, pain, and fatigue, as well as how to maintain a positive attitude.

#### What is the Desired Outcome?

Our goal is that these videos can help improve the quality of life for JM patients. Building resilience has been associated with reduced stress, improved sleep, increased physical activity, reduced pain, and improved mood.



#### Andrea Knight, MD, MSCE. Hospital for Sick Children, Toronto, Canada

To implement and evaluate the impact of **a mental health screening program in JM clinics**. We will support the rheumatology clinic to provide mental health screening for

depression, anxiety, and other possible mental health issues that can go along with managing a chronic disease.

#### What is the Desired Outcome?

To screen for emotional health needs and provide emotional health support in the rheumatology clinic. We also hope to expand this program to other locations of Cure JM's Clinical Care Network in the future. (This grant is also mentioned in the following section because it was funded in part by grants from both funding programs).



### CURRENTLY FUNDED RESEARCH: IMPROVING PATIENT CARE

And finally, we are proud to be funding four Mason's Miracle grants to clinician members of Cure JM's Clinical Care Network. The goal of these grants is to improve care to patients. These annual grants are named in memory of Mason Smedley, who showed great courage and strength in his battle with JM.



#### Dawn Wahezi, MD, MS. Montefiore Children's, New York City, New York

To provide the JM clinic with the most up-to-date diagnostic nailfold capillaroscopy (NFC) equipment. NFC means using a microscope to examine the capillaries (tiny blood vessels) in

the nailfold (the skin where the nail meets the cuticle). Abnormalities in these blood vessels can indicate that juvenile myositis is active or "flaring". This is important because nailfold abnormalities can serve as a "canary in the coalmine" and indicate that the disease is active, oftentimes before muscle tests or blood tests are able to identify active disease.

#### What is the Desired Outcome?

It is our belief that providing this equipment will allow clinicians to identify active disease earlier. We believe that the NFC may also help evaluate if the patient is responding to treatments, so that adjustments to the patient's medications can be made early. We hope both factors can combine to improve the patient's quality of life.



#### Megan Curran, MD. Colorado Children's, Denver, Colorado

To develop a standardized UV protection educational program for families. This is important because UV protection is a crucial and often misunderstood part of managing juvenile myositis.

#### What is the Desired Outcome?

To improve patient and family understanding of the importance of UV protection, which we believe will help improve overall patient outcomes. If successful, we hope to replicate this program at other Cure JM Clinical Care network locations.



#### Andrea Knight, MD, MSCE. Hospital for Sick Children, Toronto, Canada

To implement and evaluate the impact of a mental health screening program in JM clinics. We will support the rheumatology clinic to provide mental health screening for

depression, anxiety, and other possible mental health issues that can go along with managing a chronic disease.

#### What is the Desired Outcome?

To screen for emotional health needs and provide emotional health support in the rheumatology clinic. We also hope to expand this program to other locations of Cure JM's Clinical Care Network in the future. (This grant is also mentioned in the preceding section because it was funded in part by grants from both funding programs).



#### Sheila Angeles-Han, MD, MSc. Cincinnati Children's, Cincinnati, Ohio

To validate new measures of JDM disease activity, including nailfold capillary dropout, a urine-protein based biomarker panel as a measure of JDM activity, and to compare at-home childhood

myositis assessment score (CMAS) to the inclinic CMAS scores of patients.

What is the Desired Outcome?

We aim for these programs to help improve standardized care and outcomes for juvenile myositis patients.

## We could not do this work without you and are so grateful for your support

# POWERING PROGRESS: OUR FUNDRAISING SUCCESS

#### From Cure JM's first fundraiser – a lemonade stand held 20years ago – through to today, you are powering our progress.



This is true for most rare diseases: research is powered by friends and families.

#### Highlights from our 2023 campaigns:

- In July 2023, our signature Walk Strong raised over \$500,000 for research. Next year, our walks will be back in person. Invitations coming in the new year.
- Last year's Giving Tuesday Holiday Challenge raised over \$1,000,000 for research. CLICK HERE to learn more about this year's campaign..
- Families and friends hosting DIY Fundraisers raised over \$100,000. CLICK HERE to learn more about these fun events, including a winery dinner, a golf event, and bike rides.

These funds raised were put right to work to improve treatments, care, and support for the families we serve.

Your participation powers progress.



Walk Strong to Cure JM<sup>®</sup> Washington D.C., 2023

## POWERING PROGRESS: OUR LEADERSHIP

Founded by parents and grandparents of children with juvenile myositis, for 20 years Cure JM has been driven by the passion and commitment of our families.

Families remain our driving force today.

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**Cure JM Board of Directors** 



**Cure JM National Leadership Council** 



Cure JM Young Adults Advocates Council

**"We could not do this work without our families, friends, and communities**," says Kristine Alderfer, President, Cure JM's Board of Directors. "We are grateful for your compassion and support. You are changing the world for children diagnosed with juvenile myositis."

Our mission is carried out by:

- Our Board of Directors, which leads our work to fulfill Cure JM's mission.
- Our Medical Advisory Board, which provides insight, scientific direction, and expertise to Cure JM's work to advance research and care.
- Our National Leadership Council, which leads the charge to raise the funds needed to advance our work.
- Our Young Adult Advocates Council, which engages our patients aged 18-30 to advance Cure JM's mission.
- Our Community Advisory Board, which provides guidance on ensuring diverse participation in clinical trials and research.
- Our Grandparents Council, which provides a platform for grandparents of patients to get involved, share ideas, and support their families.

View the full list of leaders at www.curejm.org/about-us



**Cure JM Grandparents Council** 

# **POWERING PROGRESS: OUR GRANDPARENT SUPPORTERS**

Please join us in celebrating the special role that grandparents play within their families and within our community. Since Cure JM was founded by parents and grandparents in 2003, grandparents have always been a special part of Cure JM. We treasure the special role of grandparents and are grateful for their support.

grandparents for their lifetime giving	
\$500,000+	\$50,000-\$499,000
Marge Coffey	Michael and Susan Duke
Bruce and Judy Leetz	Sheila and Harry Harvey
	Nancy Hume
	Rita and Richard Jacoby
	David and Carol Pearsor
	Robert and Dixie Slater

# In addition, Cure JM would like to recognize those Grandparents who gave between \$1,000-\$10,000 in our Fiscal Year 2023

(October 1, 2022 through September 30, 2023)

Sheryl and Stuart Chuzmir Kenneth Cutting Elinor and Andrew Dahill Phuoc Dang Melanie and David DeKowny/Reinhardt James and Judie Denton Patricia Dobson Mike and Susan Duke Steve and Trina Edwards Mary Ann and Dave Eisenreich Stuart and Susan Ettingoff Mike and Patricia Fox Josie Garcia Denny and Patricia Grundy Robert and Karen Hahn Joanne and Jeffrey Hall Linda and Randy Hart Allen and Antoinette Hauser Rosemary and James Hower Rita and Richard Jacoby James and Cheryl Jenkins Lori and Joe Kania Annemarie Kessler Chuck and Laurel Krider Bruce and Judy Leetz Michael and Celene Marsallo Larry McFall Wayne Mikos David and Sharon Naccarati Lynn and Skip Neuenswander Marti Peavey Ginnette Pimentel Joel and Laurel Reed Nan and Dan Schaper Lisa Schreiner Mary Shine Laurette and Michael Shulman Robert Slater David Stoms and Enid Pritikin Christine and Wayne Takahata Terry Tobin Merrianne Van Ness Heather and Mike Weiss

If you have any questions about this list, please contact Betsy.Leon@curejm.org

# **OUR FINANCIALS**

**Research and Educational Programs** 

89%

Cure JM has been recognized with awards for its public accountability, program effectiveness, and cost effectiveness.

Cure JM has received the Top-Rated Nonprofit Award from GreatNonprofits.org every year since 2011. GuideStar USA has awarded Cure JM the Silver Seal of Transparency for our commitment to financial transparency and accountability.

### Support our Work:

Since inception in 2003

Give online at www.curejm.org/donate

Operating Expenses

11%

- Checks can be made out to "Cure JM" and mailed to Cure JM Foundation, P.O. Box 45768, Baltimore, MD 21297.
- To give from your IRA, give a gift of stock, or cryptocurrency, or more ways to give, please contact our Director of Development and Family Engagement, Shannon Malloy, at donate@curejm.org or call us at (202) 596-6267

Cure JM Foundation is a 501(c)(3)non-profit organization. Our tax ID number is 35-2222262.



Platinum

Candid.

2023



**Top-Rated Since 2011** 

Emma, age 8, pictured receiving an all-day IV infusion of medication to manage her disease. With your support, we are creating a brighter future for kids like Emma.

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### Juvenile myositis is a runaway immune response,

where the body mistakenly attacks its own healthy tissues and organs. This causes inflammation throughout the body, which can lead to muscle, joint, and skin problems, pain, and fatigue.

# Today, juvenile myositis is generally treated with drugs that broadly shut down the immune system.

This can be effective, but this also blocks the immune responses necessary to fight off infections, so there are a lot of side effects.

With your support, we are working to change that,

by funding research to improve the treatments, care, and support for the families we serve.

