



Nurse Check In

When all of the boxes have a check we will go to see the doctor

- Tell nurse your name, age and birthday
- Take off shoes and coat
- Measure your weight (stand on scale)
- Measure your height (stand against wall)
- Take blood pressure on arm
- Take temperature across forehead
- Tell nurse if you have any pains
- Put on your shorts and short sleeves
- Answer the nurse's questions

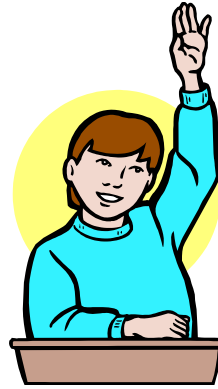


Doctor Exam

When all of the boxes have a check we will be done

- Ask questions you wrote down (see next page)
- Tell the doctor how you are feeling
- Tell the doctor how many pills you take daily
- Answer the doctor's questions
- Let the doctor look at your body and hands
- Let the doctor listen with the stethoscope
- Let the doctor wiggle and waggle your joints
- Walk or run down the hall

My Questions



Kids: write down your questions before you go to the doctor.

Put a check mark next to each question after you ask the doctor.

Question: _____

Answer: _____

Question: _____

Answer: _____

Question: _____

Answer: _____