**Nurse Check In** 

*When all of the boxes have a check we will go to see the doctor*

* Tell nurse your name, age and birthday
* Take off shoes and coat
* Measure your weight (stand on scale)
* Measure your height (stand against wall)
* Take blood pressure on arm
* Take temperature across forehead
* Tell nurse if you have any pains
* Put on your shorts and short sleeves
* Answer the nurse’s questions

**Doctor Exam**  

*When all of the boxes have a check we will be done*

* Ask questions you wrote down (see next page)
* Tell the doctor how you are feeling
* Tell the doctor how many pills you take daily
* Answer the doctor’s questions
* Let the doctor look at your body and hands
* Let the doctor listen with the stethoscope
* Let the doctor wiggle and waggle your joints
* Walk or run down the hall

**My Questions** **![C:\Users\Gary\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\GT7JFZXF\MC900089048[1].wmf]()**

Kids: write down your questions before you go to the doctor.

Put a check mark next to each question after you ask the doctor.

* Question: x

Answer: x

* Question: x

Answer: x

* Question: x

Answer: x