IHPs

IEPs

504 Plans

How to navigate the educational system

Elementary School Resources

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Individual Health Plans

- Initiated with letter from doctor must include medical condition and child’s needs AT school
- goal is to outline healthcare plan as needed for school success to keep child safe and in school
- falls under school nurse for implementation
- Can have in conjunction with 504 plan or IEP
- Not legally binding
504 Plan

- Is accommodations and modifications to the regular education program
- Not done in conjunction with an IEP
- Does not have goals
- Initiated by parent, include doctor letter as to needs at school for student success
- Child must have a disability BUT does not qualify for special education services (IEP)
- Reviewed annually
- Includes statements of: the nature of disability, basis for determining the disability, and educational impact of the disability, necessary accommodations, placement in regular education, major life activity at school that is impacted
- Is legally binding
- Implemented by regular education teacher
- Does not include any services (ie: speech, OT)
IEP

- OT/PT, or APE are not stand alone services (in CA, and child must qualify for other services for these to be added to the IEP)
- Statement to extent child will not participate with non-disabled peers
- Reviewed annually (goal updates every three months)
- IEP = Individual Education Plan, for child ages 3 years old through 21 years old
- Requires assessment for eligibility
- Any of 13 different handicapping conditions qualify for an IEP (e.g., JM can fall under the OHI eligibility, arthritis can fall under OI eligibility)
- Includes annual measurable goals and objectives related to child’s needs as result of the disability
- Services (RS, SDC, speech, OT, PT, APE, extended school year) related to disability needs and supplementary
How to Navigate the Educational System

- Parent can in writing request a meeting to discuss child’s school needs. Have doctor’s letter when requesting the meeting.
- School has 15 days to respond (usually with a scheduled meeting to discuss).
- If decided an IEP may be necessary, school district has 60 days to assess and then meet for initial IEP meeting.
- 504 plan and IHP can be done immediately at scheduled meeting.
- Assessment for special education (IEP) includes: psycho-educational evaluation (by school psychologist), academic testing (by special education teacher), and if needed a speech/language assessment, and OT assessment.
- All plans are reviewed annually but a review may be scheduled at any time by the parent for concerns (or additional needs).
- 504 plans implemented by regular education teacher.
- IHP implemented by school nurse or school health clerk under direction and guidance of school nurse.
- IEP implemented by special education teacher.